

---

## CONTACT LENSES PART 1: THE BASICS SYLLABUS

---

**Instructor(s):** Maritza Castilleja  
**E-mail(s):** mcastilleja@thewilliamsway.com

### Program Description

We want to welcome you to our first program in our Contact Lens Series; Contact Lenses Part 1: The Basics. This program is presented parallel to the history of contact lenses. Our online training focuses on providing a general overview of different contact lens types, so that any position in the practice can knowledgeably speak to contact lenses. We look forward to guiding learners in identifying who is a good candidate for contact lenses. We will also review a contact lens prescription for documentation purposes. The program will offer baseline lens design education and an overview of wear and replacement schedules. We provide common advantages and disadvantages so that the learner may recognize these as they can come up in communication with patients. This program also sets a foundation for future programs within our series.

### Program Prerequisite

- None

### Program Materials

- None

### Program Requirements

- Complete all courses within the program
- Pass all assessments with 80% score
- Join us for a live session review

### Learning Objectives

- Overview of contact lens history and development
- Overview of different contact lenses available to patients
- Understand the necessary component of the prescription of contact lenses

### Program Outline

#### 1. Introduction to Contacts

In this course, the learner will reflect on duties and responsibilities within their provincial guidelines. A review of the history of contact lenses and their development, and how to identify who is a good candidate for contact lenses.

2. **Soft Contact Lenses**

In this course, we will provide education on the lens and understand the intent of prescribing patients with this particular lens. We will also provide basic knowledge in lens designs, wear time, and replacement schedule. You will also know the most common advantages and disadvantages of soft contact lenses.

3. **Rigid Gas Permeable Contact Lenses**

In this course, we will provide education on the lens and understand the intent of prescribing patients with this particular lens. We will also provide basic knowledge in lens designs, wear time, and replacement schedule. You will also know the most common advantages and disadvantages of RGP lenses.

4. **Ortho-K**

In this course, we will provide education on the lens and understand the intent of prescribing patients with this particular lens. We will also provide basic knowledge in lens designs, wear time, and replacement schedule. You will also know the most common advantages and disadvantages of Ortho-K lenses.

5. **Scleral**

In this course, we will provide education on the lens and understand the intent of prescribing patients with this particular lens. We will also provide basic knowledge in lens designs, wear time, and replacement schedule. You will also know the most common advantages and disadvantages of Scleral lenses.

6. **Hybrid**

In this course, we will provide education on the lens and understand the intent of prescribing patients this particular lens. We will also provide basic knowledge in lens designs, wear time, and replacement schedules. You will also know the most common advantages and disadvantages of hybrid lenses.

7. **Additional Information**

In this course, we will provide a general overview of a contact lens prescription for documentation purposes. We will also examine different tints available and purposes. This course also includes a summary of patient lens care and how it varies with each lens type and adaptation symptoms vs. emergencies.